

# Leach

Chiropractic Clinic, Inc.

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*February 2007 Newsletter:*

## Go Red This Valentine's Day!

The American Heart Association (AHA) is promoting, "Go Red for Women" ...a time to focus on women's heart health. In conjunction with that campaign Leach Chiropractic Clinic will be offering complete routine new patient exams for both guys and gals, for only \$25 this Wednesday February 14<sup>th</sup>, for our annual appreciation day.

Heart disease and stroke are the No. 1 and No. 3 killers of women over the age of 25. Together they claim nearly twice as many lives as all forms of cancer, and where one in 30 women will die of breast cancer, one in 2.5 will die of heart disease or stroke.

Leach Chiropractic Clinic intends to support the AHA "Go Red for Women" campaign to demonstrate that we care about more than your spine; we care about nothing less than your total health.

We also know that the healthy lifestyle activities endorsed by the American Heart Association will help your back, neck, and muscles and joints as well. So,

- Take care of your spine and make a new patient appointment for Feb. 14th!
- All New Patient fees will be donated to the American Heart Association as part of the "Go Red for Women" campaign! Additional contributions will be welcome.
- Go to [www.goredforwomen.org](http://www.goredforwomen.org) for more information about the campaign.
- We'll be offering heart healthy tips from the AHA, and exercise strategies endorsed by the U.S. Centers for Disease Control at our office, and links from our website.

Leach Chiropractic Clinic is located at 214 Russell St. in Starkville, and appointments may be made by calling 323-2371. Further information about the office is available on the web, at [www.drleach.com](http://www.drleach.com)

Exams will be by appointment only, and will include x-rays when necessary, up to \$200 maximum value (does not include treatment). A limited number of appointments are available on a first come first serve basis, by calling 323-2371.

Tell your friends and family about our new patient offer by forwarding this e-mail. Learn more about healthy living, and help us support the American Heart Association!

Sincerely,

Robert A. Leach, D.C., M.S., F.I.C.C.

**Excellence in Chiropractic...**

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**Excellence in Health**

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take a moment,



close your eyes  
put your hand on your heart,  
think about its beat, the power of  
your life in your hands  
how important your heart is



now make a promise to do something  
for yourself, for your heart today  
...exercise, learn your numbers,  
kiss someone, eat smart,



take just a moment...love your heart



and go red for women.